

## IHWC Skating Department Program Descriptions

Learn to Skate - Learn to Play Hockey - Mini Camps - Girl Scout Classes - Team Skating  
Figure Skating Specialty Classes - Freestyle - Ice Show - Private Lessons

### Learn to Skate Program

IHWC is proud to offer our skaters a superior skating program developed by U.S. Figure Skating. Our core objectives are to provide an enjoyable and safe skating experience for skaters of all ages to learn the correct technique of basic through advanced elements. We are here to encourage, guide and assist participation and achievement in the sport of ice skating while promoting health and physical fitness in a social environment through group instruction. Our goal is to encourage skating as a lifelong sport.

\*Classes are offered October - May; ages 3 - Adult.

### Learn to Play Hockey Program

IHWC Learn to Play Hockey curriculum is designed to teach the fundamentals of hockey skating. In 4 badge levels, skaters will learn to maneuver faster and be more agile on the ice. All elements will be taught without a stick or puck, as proper skating techniques are the primary focus of the levels. Skaters will learn the necessary fundamentals to be successful in game situations.

\*Classes are offered October - May; ages 6 - Adult. Ages 3-5 should pass through Snowplow 3 in the Learn to Skate Program prior to Hockey 1.

### Mini Camp Program

The Winter Club is happy to present camps for our youngest members & their guests during the holidays and spring break. Camps consist of skating lessons by our professional skating coaches, gym & fitness activities, crafts, games and lunch. A good time for everyone!

\*Mini Camps are offered to ages 3 - 12.

### Girl Scout Classes - Earn a Figure Skating Badge

IHWC is proud to offer Girl Scout classes! Your troop will meet off the ice for the first portion of the class to learn about the history of skates, blades, skate care, equipment, costumes and learn about how the Zamboni works. Then our instructor will take them on the ice for a basic skating class to learn how to safely fall and get up, skating forward and backward and how to turn. As a snack, each scout will receive a bag of fresh popcorn and hot chocolate after the class. They can then enjoy an hour of skating together after the lesson. Siblings are also welcome to participate during the class and open skating for the scout fee.

\*Classes are offered September - May by reservation only; Minimum 8 skaters per troop; Ages 5 - 16

### \*What To Wear for Learn to Skate; Learn to Play Hockey; Mini Camps; Girl Scouts\*

Helmets recommended - Gloves or Mittens - Long Socks - Long sleeve shirt  
Long pants or Snow Pants - Jacket or Coat - Snow hat

\*\* IHWC requires helmets for skaters age 10 and under

\*\* Parents of skaters must sign and submit waiver form before class begins

### Team

Team is a program IHWC offers to our figure skaters that are Basic 4 level and higher. Our Team skaters meet every Sunday for on ice instruction. Our team skaters compete in two competitions each year and have skated during the intermission at the Cyclones game as well as performing in our annual ice show. The skaters enjoy the events and love being part of a team environment while strengthening their skating skills. Team practices are September-April on most Sundays either from 11:30 am - 12:15 pm, 1:15-2 pm or 2 - 2:30 pm, depending on the level team skaters are placed on. Skaters are placed onto teams that reflect their skating skill level, age, maturity, peers and comfort level. Our team skaters build bonds with each other and love the team atmosphere aside from their individual skating.

\*Team is offered September - April; Ages 5 - 18; Basic 4 and above.

### Specialty Classes - Figure Skating

Specialty classes are offered various times of the year and are classes that help enhance a figure skater's knowledge within different disciplines of skating. These classes may include Jump/Spin, Moves in the Field, Ice Dancing, Synchronized Skating, Choreography and Style, Edge Classes, Off Ice Jump and much more.

\*Specialty classes are offered March - May; Ages 5 - Adult; Basic 4 and above.

### Freestyle - Figure Skating

Our Freestyle sessions provide a fun and committed environment that allows figure skaters of all ages and abilities to take their private lessons and practice their skills and programs for competitions, shows and exhibitions. We encourage safe skating, friendship and leadership among skaters, both recreational and competitive, of all ages and abilities. The Winter Club cultivates an environment that supports and values quality skating instruction, good sportsmanship, camaraderie and fun.

\*Freestyle sessions are offered September - May and open to skaters currently taking private lessons.

### Private Lessons

Private Lessons are available upon request for both Figure Skating and Hockey by contacting your current group lesson coach or the Director of Skating, Dorothea Cassini: [dcassini@ihwinterclub.com](mailto:dcassini@ihwinterclub.com)

\*Private lessons are available September - May; Ages 3-Adult; Prices vary for different instructors.

### ICE SHOW

The Winter Club's annual Ice Show takes place every February during IHWC's Winter Carnival. Our Learn to Skate program skaters, figure skaters and Team skaters as well as guest skaters are all welcome to participate in our show. Registration is due by mid-November, rehearsals begin in January and the Winter Club provides coaching, ice time and costumes. The skaters look forward to being a part of the show and really enjoy the process as well as performing for their families and friends.

\*Ice Show is offered to ages 3 - Adult; Snowplow 1/Basic 1 - Advanced.

## Learn to Skate - Learn to Play Hockey Mission:

To provide an enjoyable and safe skating experience for skaters of all ages to learn the correct technique of basic elements. We are here to encourage, guide and assist participation and achievement in the sport of ice skating while promoting health and physical fitness in a social environment through group instruction. Our goal is to encourage skating as a lifelong sport.

## Figure Skating Mission:

To provide a fun and committed environment that allows figure skaters of all ages and abilities to practice, improve and display their skills through individual and team skating instruction, exhibitions, ice shows and competitions. We are here to encourage safe skating, friendship and leadership among skaters, both recreational and competitive, of all ages and abilities. IHWC cultivates an environment that supports and values quality skating instruction, good sportsmanship, camaraderie and fun.

